



Teen Winter Retreat Information & Packing List

Arrival: Check-in will be 6:00-7:00PM at the Camp K Office

Departure: Parents/guardians will pick up their teen at 11AM in the Camp K Chapel
(Parents/Guardians for drop off and pick up will park on top of the hill near dining hall)

Getting in Touch with Your Camper

Please do not visit unexpectedly during the weekend. Campers are not permitted to bring cell phones to camp. If you have an emergency or need to get in touch with your camper, call the camp office at (814) 632-6024 first or email at office@mycampk.com. If needed, you will then be able to get it in touch with a director.

Special Dietary Needs

Those with a special dietary need should bring their own necessary supplements that can be prepared in a microwave. Please call if you have questions about your camper's special dietary requirements.

Medications

All medications must be given to the designated camp staff person upon arrival. This includes vitamins, food supplements, over-the-counter medications, and all prescription medications. Any medication labeled with non-English information must have the label information translated to English. All medications (prescription and over the counter) must be brought in their original container and in a labeled ziploc bag.

Camper Spending Money

Our store carries a selection of camp clothing, mementos, snacks, and drinks. These items will be available for purchase throughout the weekend. Money can be deposited either online or at Check-In at the lodge.

Lost and Found

It is highly recommended that you label all your camper's clothing and belongings with a permanent marker to help distinguish them from other campers' things. Please notify us right away if anything is left at camp. We will hold found items at the camp office for 10 days after the end of your camper's weekend at camp. Any items remaining after that time will be donated to charity.

Packing List-Teen Winter Retreat

WHAT TO BRING

- Bible
- Pencil/Pen
- Bedding (for a twin size bed) or Sleeping Bag
- Extra Blanket
- Pillow & Pillowcase
- Sleepwear
- Towels/Washcloths
- Soap/Shampoo
- Toothbrush/toothpaste
- Other toiletries(comb/brush, deodorant)
- Water Bottle
- Coat or Jacket
- Extra socks
- Winter clothes (pants, jeans, long sleeve shirts, sweatshirts) for 2 days
- Snowsuit or snow pants
- Winter hat & gloves
- Winter/snow boots
- Flashlight
- Sneakers (for indoor activities)

What NOT to Bring

- Expensive clothing or jewelry
- Any electronic devices including iPods, cell phones, tablets, laptops.
- Pocket knives, matches, lighters, or fireworks
- Drugs, alcohol, E-cigarettes or any form of tobacco products
- Pets